



Represented by

**Creations Art Gallery & Framing Studio**

436 Wilson St E., Ancaster Ontario Canada L9G 2C3

# Biography

Caroline Bergeron, known as ARO, was born in Québec in 1975. Her artist name brings together the three pillars that guide her practice: authenticity, romanticism, and originality. Raised in an entrepreneurial family, she grew up in an environment where vision, ambition, and calculated risk nurtured a creative imagination that would later take full flight.

A self-taught artist, ARO discovered abstract art in 2017 during the Elite Program at the École d'Entrepreneurship de Beauce. That moment marked a turning point: painting became not only an action, but an inner language. Her background in business development, her years in the corporate world, and her experience managing successful restaurants forged both discipline and human sensitivity—qualities that now permeate each of her works.

In 2018, she opened her creation studio and gallery space in Stoneham, a hybrid venue dedicated to exploration, dialogue, and cultural engagement. This anchoring point allows her to establish a structured professional presence and offer direct access to her visual universe.

Her artistic journey, rapid and steadily ascending, is marked by significant milestones: participation in the Carrousel du Louvre (2018), presenting a painting to Michelle Obama (2019), and a series of solo exhibitions illustrating the evolution of her abstract language—*La Somme de mes rencontres* (2018), *Urgence de vivre* (2018), *ParÊtre* (2019), *Le Temps nous appartient* (2021), *Renaître* (2021), *Introspection* (2022), *Non-Négociable* (2023), *ADN* (2024), and *Réflexion* (2025), considered by many as a mature synthesis of her practice.

ARO also participates in numerous group exhibitions across Canada, the United States, Europe, Africa, and Asia. Her works have been shown at World Art Dubai and at the Museum of Civilization in Cairo, confirming international interest in her abstract, emotional, and layered signature style.

Her growing visibility has been accompanied by substantial media coverage, including features in *Architectural Digest* and a 15-page profile in *Beyond Luxury Magazine* (Los Angeles, 2025), which positions her work within the North American contemporary art landscape.

In 2025, ARO received the Women of Inspiration™ Award from the Universal Women Network, recognizing both the impact of her artistic career and her social engagement.

Beyond painting, she has developed an expanded practice that includes corporate team-building workshops, keynote conferences, publications, and creative immersion days. All these initiatives align toward a central mission that guides both her artwork and her public presence: to create a legacy for future generations by offering art that connects, soothes, challenges, and elevates.

Today, ARO stands as an artist whose deeply intuitive and embodied approach distinguishes her work through its ability to transform the intimate into a universal language. Her contribution to contemporary abstraction reflects a clear intention: to change the world—one artwork, one gesture, one legacy at a time.

## Artist Statement

ARO explores a pictorial language where perspective dissolves in favor of an open field entirely devoted to emotional resonance. Through successive layers, controlled drippings, and an instinctive all-over approach—explicitly rooted in the legacies of Jackson Pollock and Jean-Paul Riopelle—she constructs surfaces where matter breathes, circulates, and records a precise inner state.

The circle, a recurring motif in several of her series, becomes an anchoring point for an abstraction that oscillates between lyrical expression and more structured composition, establishing a continuous dialogue between spontaneity and intention.

From the very beginning, ARO has embraced pure instinct. Her expansive, music-infused gestures verge on the ritualistic. She paints as she breathes: urgently, truthfully.

Writing and painting coexist within the same movement, allowing her to lay onto the canvas whatever inhabits her at the exact moment of creation.

Each artwork carries a story—a fragment of life, an intimate question that becomes a universal point of connection for the viewer.

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**“Each work has its story. I draw inside and share my thoughts, which is inside me. It's so personal that it becomes universal”**

Her palette, textures, and movements always emerge from introspection. ARO conceives each painting as a dance — a succession of rhythms, pauses, and surges, where every mark laid on the canvas corresponds to an inner note.

The physical act is absolute. It reveals the psyche, the energy, and the presence of the body in motion, transforming the canvas into a living imprint of a singular moment.

Her collections reflect these shifting states of being. The “Pure” series evokes calm, benevolence, and an inner search for spaciousness. Other series, more expansive and energetic, celebrate joy, movement, and vital momentum, revealing a chromatic signature that is both rich and vibrant.

Her works draw their strength from this paradox: a profound emotional intensity expressed with complete creative freedom.



For ARO, art is a marker of memory, a catalyst for introspection, and at times, a form of healing. “I paint my existence; I offer my sensitivity,” she says.

Abstraction thus becomes a relational language — a space where viewers recognize themselves, project their own narratives, and encounter the work as a shared emotional territory where something moves, resonates, and circulates.

Inspired by her encounters, by nature, and by the human experience, she creates in a state of deep listening. She observes, feels, connects, and translates. Painting, for her, is a form of liberation — a structured release articulated around three acts: fully inhabiting the present moment, expressing the inexpressible, and offering lasting inspiration.

Her mission remains clear: to create a legacy for future generations and to transform the world, one artwork at a time.



## Solo exhibitions

- 2026**    **INSPIRE**, Aro Gallery  
Stoneham, Quebec, Canada (April 2026)
- 2025**    **RÉFLEXION**, Aro Gallery  
Stoneham, Quebec, Canada (March 2025)  
**LUXE Home Interiors**  
Victoria, British Colombia
- 2024**    **Reflexion**, Mann Gallery  
St-Catharines, Ontario, Canada (July 2024)  
**ADN**, Aro Gallery  
Stoneham, Quebec, Canada (April 2024)
- 2023**    **ORIGINE**, *Galerie W*  
Gatineau, Québec, Canada (November 2023)  
**ADN**, *Galerie Lenoir*  
Montréal, Québec, Canada (September 2023)  
**Non-Negociable**, Aro Gallery  
Stoneham, Quebec, Canada (May 2023)
- 2022**    **Introspection**, *Saphira & Ventura Art Gallery*  
New-York, NY, USA (October 2022)  
**Pure**, *ADC Fine Art*,  
Cincinnati, Ohio, USA (September 2022)  
**Introspection**, Aro Gallery  
Stoneham, Quebec, Canada (May 2022)
- 2021**    **Renâitre**, Aro Gallery  
Stoneham, Quebec, Canada (October 2021)  
**Le temps nous appartient**, Aro Gallery  
Stoneham, Quebec, Canada (Spring 2021)
- 2019**    **ParÊtre**, Aro Gallery  
Stoneham, Quebec, Canada (May 2019)
- 2018**    **Urgence de vivre**, Aro Gallery  
Stoneham, Quebec, Canada (Fall 2018)  
**Spag & tini**  
Old-Quebec, Quebec, Canada (artist in residence)  
**Un voyage au cœur de mon âme**  
Château Laurier, Quebec City, Quebec, Canada  
**La Somme de mes rencontres**  
Quebec Art Gallery, Quebec City, Quebec, Canada

## Group Exhibitions and Art Fairs

- 2026**    **Beyond the surface**, Atelier Ironwood, Niagara on the Lake, Ontario, Armstrong Fine Art
- 2022**    **Maco Museum**, Veroli (Rome) Italy  
*Saphira & Ventura Gallery*, New-York  
**Venice Art & Technology**, **Venice Biennale**  
*Saphira & Ventura Gallery*, New-York  
**7th International Salon of Painting**  
*Menduina Schneider Art Gallery*, LA, California, USA  
**Deconstruction**, **Phyical Exhibition**, *Saphira & Ventura Gallery*, New-York  
**World Art Dubaï**, Dubaï, United Arab Emirates  
**World Art Forum**, National museum of civilization, Cairo, Egypt
- 2021**    **NFTs; Timeless and Ancient Art**, One Art Space, New-York  
**Scope Miami**, *Saphira & Ventura Gallery*  
**Exposition *Fait Maison***, La Maison des artistes francophones de Winnipeg, CA  
**Art Expo New York - SOLO**, New York  
**8th edition of Rivière-Éternité Contemporary Art Symposium** as Honorary président  
**51th International Exhibition of CAPSQ**  
Église de la Madeleine, 8e arrondissement, Paris, France  
**Exposition ArtQuake**, Art Nigde Gallery, Turquie
- 2020**    **Contemporary Art Museum VR** , Longwy (France)  
**7th edition of Rivière-Éternité Contemporary Art Symposium** Contemporary Art Symposium  
**ADC Fine Art**. Group exhibitions , Cincinnati, Ohio, USA
- 2019**    **ADC Fine Art**, Finalist at Artist Come Alive, Cincinnati, Oh, USA  
**Spectrum Miami**, Art Blend Gallery, Fort Lauderdale, FL  
**49th International Exhibition of *Cercle des artistes peintres et sculpteurs du Québec***, Galeria Miejskiego Domu Kultury, Mikolow in Pologne
- 2018**    **48th International Exhibition of *Cercle des artistes peintres et sculpteurs du Québec***  
Abbaye de Fontdouce, Saint-Bris-des-Bois, France  
**Art Shopping at Carrousel du Louvre**, Menavie, Paris, France  
**Art Expo New York**, MJ Laberge Gallery, Montreal



## Gallery

- 2025-XXXX Galerie Iris  
Baie- St-Paul, Québec
- 2025-XXXX Armstrong Fine Art Consulting  
St-Catharines, Ontario, Canada
- 2023-2025 Mann Gallery  
St-Catharines, Ontario, Canada
- 2023-2024 Galerie W  
Gatineau, Qc, Canada
- 2021-2023 Saphira & Ventura Gallery  
New-York, USA
- 2021-2022 24CPS Arts & Antiques Gallery  
Central Park, New-York, USA
- 2021-XXXX Gallea  
Québec, Québec, Canada
- 2021-2023 NAK Gallery  
Ottawa, Ontario, Canada
- 2021 Singulart  
Paris, France
- 2021-2023 Artothèque  
Montréal, Québec, Canada
- 2020-XXXX Avant-Garde Art  
Victoria, Colombie-Britannique
- 2019-XXXX Un Fauteuil pour Deux  
Ste-Foy (Québec)
- 2018-2024 ADC Fine Art  
1013 York St., Cincinnati, Ohio
- 2018-2019 Art Blend  
2736 East, Oakland Park Blvd  
Fort Lauderdale, FL, USA
- 2018-XXXX Galerie Aro  
2682, boul. Talbot, Stoneham, Québec
- 2017-2018 Galerie Québec Art  
40 rue Notre-Dame, Québec, Québec

## Private & Corporate Collections

- Michelle Obama, Première dame des États-Unis,  
Washington, USA
- Ginette Reno, singer, Boucherville, Québec
- Assemblée Nationale du Québec, Parlement de Québec
- Scenic Eclipse, Yacht de Scenic Cruise Line  
Château Laurier, Québec, Canada
- Claude Lafleur, Anges Québec, Canada
- André Lachance, Proludik, Québec, Canada
- Construction Gératek, Sherbrooke, Québec, Canada
- Christian Boissonneault, Valeurs Mobilières Desjardins  
Québec, Canada
- Linda Dallaire, Groupe Dallaire, Québec, Canada
- Jean Martin et Brigitte Clavet, Restaurant St-Hubert,  
Québec, Canada
- Dasya Katz, New York, USA
- Kao Yun Hwa, New Tapei, Taiwan, Chine
- Fondation Lise Watier
- Deborah Shelton et Francisco Durazo, Beverly Hills,  
Californie, USA
- Andréanne Martin Nutritionniste, Québec, Canada
- Construction Parox, Beloeil, Québec, Canada
- Hotel Manoir Victoria, Québec, Canada
- Groupe CME, St-Hyacinthe, Canada
- Municipalité Rivière-Éternité, Saguenay, Canada
- Ramp-Art, Lévis, Canada
- Corporation des Concessionnaires Automobiles du  
Québec (CCAQ)
- Robert Poëti, former transport minister, PDG CCAQ
- Yvon Fournier, Fournier Auto Dealership  
Groupe OCÉAN
- Coffrets Prestige
- Assemblée Nationale du Québec
- Daniel Gélinas, FEQ
- Omnia Technologies, Laval, Québec
- Centre de conservation du Patrimoine, Montréal, Canada
- Connect & Go, Montréal, Québec
- OCM System, Mont St-Hilaire, Québec



## Selected Awards

- 2026 Artist Entrepreneur of the year, Grand jury prize  
By ArtxTerra
  
- 2025 Winner of Women of inspiration Awards by Universal  
Women Network  
  
Honorary Mention in Abstract Art, awarded by  
Mondial Art Academia, for the artwork "Traversée  
introspective"
  
- 2023 5th International Leonardo Da Vinci Prize in Milan  
Salvatore Russo, Milan, Italie
  
- 2021 Spotlight Program artist winner  
ArtExpo New-York, USA  
  
Gold medal, abstract art, 51e internationale exhibition  
of Cercle des Artistes Peintres et Sculpteurs du  
Québec, Église de la Madeleine, 8e arrondissement,  
Paris, France  
  
Nomination as cultural personality of the year,  
MRC Jacques-Cartier
  
- 2020 Recognition Award from Musée d'Art Contemporain  
VR3D at Longwy (France) for the promotion of the art  
of her country, on the international scene.  
  
ACA Contest, Art Design Consultant Fine Art,  
Cincinnati, Ohio, USA . Artwork Burst Blast (6  
painting) d'Aro selected among more than 3500  
contestants.
  
- 2019 ACA Contest, Art Design Consultant Fine Art,  
Cincinnati, Ohio, USA . Artwork Proud of Myself d'Aro  
selected among more than 2000 contestants.
  
- 2018 49th international exhibition of *Cercle des Artistes  
Peintres et Sculpteurs du Québec* at Galeria  
Miejskiego Domu Kultury, Mikolow in Pologne, medal  
of honor of the show for the quality of her works and  
her contribution to the promotion of the art of her  
country, on the international scene.

## Selected Awards

- 2018 ACA Contest, Art Design Consultant Fine Art,  
Cincinnati, Ohio, USA . Artwork Tornado selected for  
exhibition among more than 2000 applications.  
  
48th international exhibition of *Cercle des Artistes  
Peintres et Sculpteurs du Québec* at Fontdouce  
Abbey in France, Gold Medal for her distinct  
technique in *Viser l'impossible*
  
- 2017 38th Gala-Contest of Cercle des Artistes Peintres et  
Sculpteurs du Québec , Silver Medal in the category of  
Abstract Art for her Exotisme (Exoticism)





## Publications

2026 ArtTour International, 15th Anniversary, When emotion become a landscape of light, Worldwide

La Sentinelle Mentorelle: Cover of the magazine and article inside, Global Francophonie

2025 UWOMEN Magazine, Winner of Women of Inspiration Awards - Art & Entertainment, North America

Performance Magazine, By Chrono Aviation  
Un parcours hors du commun

BEYOND LUXURY, The luxury of art by Caroline Bergeron, Los Angeles USA

Magazine Tendances, Un Fauteuil Pour Deux  
Québec, Canada

2023 The universal Artist -5th International Prize  
Leonardo Da Vinci- Salvatore Russo  
Contemporary Celebrity Masters  
by Salvatore Russo

2022 Architectural Digest AD Magazine, France  
September collaboration for NFT with Saphira &  
Ventura Art Gallery of New-York

Magazine Tendances, Un Fauteuil Pour Deux  
Quebec City, Quebec, Canada

Blink , Your art resource, ADC Fine Art  
Cincinnati, Ohio USA

2021 Magazine Tendances, Un Fauteuil Pour Deux  
Quebec City, Quebec, Canada

Blink , Your art resource, ADC Fine Art  
Cincinnati, Ohio USA

2019 Blink , Your art resource, ADC Fine Art  
Cincinnati, Ohio USA

The Art Book 2019, ArtBlend Artist Agency  
Fort Lauderdale, FL, USA



## Professional affiliations

Since 2025

- WBE CANADA (Women Business Entreprises Canada Council)

Since 2018

- Regroupement des artistes en arts visuels du Québec (RAAV)

Since 2017

- Mondial Art Academia – France



## Selected Press and Media

- 2026** Radio-Canada, TV News, April 2nd, 2026  
First Canadian: A Stoneham artist digitizes the DNA of her artworks  
Radio-Canada, Radio, April 8th, 2026  
A digital passport to protect art from AI  
TVA, TV News of April 15th, 2026  
A first Canadian artist uses a Digital Passport to authenticate her artworks  
Le Soleil, April 16th, 2026  
TVA, Pleins Feux sur Québec, April 18th, 2026  
Feature on Aro and Numeraire's Digital Passport
- 2025** La cerise sur le sundae, Radio interview 96.9  
La victoire de l'amour, TVA, Janvier 2025
- 2024** TV Show Vu d'ici, CCAP Cable, April 2024  
Aro present her 10th solo exhibition, ADN  
  
TV Show Pleins Feux sur Québec, TVA, April 6th 2024 ,
- 2023** Dans la jungle des affaires with Réjean Gauthier  
Podcast for entrepreneurs  
  
Faire une femme de soi with Janie Duquette  
Radio show on 103.3  
  
Derrière le Volant, at RDS Broadcast  
Saison #2, Aro's automotive art  
  
TV Show Pleins Feux sur Québec, TVA, March 4th ,  
Automotive Art by Aro
- 2022** TV Show Vu d'ici, CCAP Cable, June 2022  
*Aro présente sa nouvelle exposition Introspection*  
  
ICI Québec , Radio-Canada, May 5th 2022, Le téléjournal Qc  
*L'artiste de Lac-Beauport ARO présente « Introspection »*  
  
NOOVO Info, May 6th 2022  
*NFT : UNE ARTISTE DE QUÉBEC EXPOSÉE À NEW YORK*
- 2021** TV Show Vu d'ici, CCAP Cable, October 2021  
Aro Artiste Peintre de Stoneham  
  
TV Show Vu d'ici, CCAP Cable, March 2021  
*Aro Artiste Peintre de Stoneham*
- 2019** TVA News, September 24th, 2019  
*L'artiste Aro crée une toile pour Michelle Obama*  
  
Magazin'Art, Volume 31, No 124, summer 2019  
*Carburer à l'énergie de la vie, Portrait de Galerie*
- 2019** TV Show Vu d'ici, CCAP Cable, May 2019  
Aro Artiste Peintre de Stoneham  
  
[Info-culture.biz](http://info-culture.biz), May 7th, 2019  
[ParÊtre, une exposition humaine et percutante d'Aro](http://info-culture.biz/2019/05/07/exposition-de-aro/)  
<http://info-culture.biz/2019/05/07/exposition-de-aro/>  
  
TVA News, show of May 29th 2019  
Une entrepreneure d'ici qui connaît un succès fou dans le monde de l'art  
  
L'Écho du Lac (journal), Mai 2019  
La collection ParÊtre d'Aro  
  
Arts et cultures, May 7th, 2019  
ParÊtre, une exposition humaine et percutante d'Aro  
<https://www.artsetculture.ca/paretre-une-exposition-humaine-et-percutante-daro/>  
  
Magazine des arts, May 7th, 2019  
*ParÊtre, une exposition humaine et percutante d'Aro*  
<https://magazinedesarts.com/expo-paretre-aro/>  
  
Magazine'Art, Volume 31, No 122, winter 2019  
Galerie Aro
- 2018** L'Écho du Lac (journal), November 2018  
*Aro, une image marketing très forte*  
  
TV Show Parlons-en, CCAP Cable  
Loan of the artwork Crazy 24 x 48 for the decoration  
  
Journal de Québec, October 26th, 2018  
*Inspiration sans bornes*  
  
Magazine'Art, Volume 30, No 120 summer 2018  
*Aro en exposition au Carrousel du Louvre à Paris*  
  
Magazine'Art, Volume 30, No 118, winter 2018  
*Éclectisme, Galerie Québec Art*  
  
Journal de Québec, February 2nd, 2018  
*Un talent éclate au grand jour*  
  
Pleins Feux sur Québec, March 24th, 2018
- 2017** TVA News, March 22nd, 2018  
*La Riopelle des temps modernes*  
  
L'Écho du Lac (newspaper), December 2017  
*Quand une femme d'affaires se transforme en artiste*